# Dog Spaying at Mill Brook Animal Clinic

# What to Expect and How to Prepare

Dog spaying (ovariohysterectomy) is a routine, elective, low-risk procedure where a female dog's ovaries and uterus are removed to prevent pregnancies, infections, and certain cancers. The procedure is virtually pain-free for your dog and takes about 20-40 minutes to perform. Recovery is swift and your dog can be back to normal activity within a couple of weeks.

#### **Pre-operative blood work**

All dogs should have pre-operative blood work done. This can be completed up to two months prior to the procedure. Please schedule this if not already done.

## The Night Before – No food from 10pm; water is okay!

Unless you have been instructed otherwise, all dogs must be fasted from 10pm the night prior to the procedure. Please allow your dog access to water! Some dogs are prescribed Cerenia (anti-nausea pill) to be given at this time.

#### The Day of the Procedure – 8 am admission!

Admission is at 8am. After a physical exam, your dog gets her own private kennel. Pre-medications are administered, and your dog also receives local anesthesia that blocks pain. Once the procedure is completed, the anesthesia is turned off and your dog wakes up within a couple of minutes.

### Recovery

All our kennels are in the treatment area so we can keep a constant eye on your pet during her recovery. We will text or call you to inform you the procedure has been completed. A couple of hours after the procedure, your pet is ready to go home.

#### Discharge and Home Care – Discharge is between 12pm and 3pm.

A surgery technician will review all discharge information with you and provide you with a copy in writing. Any medications to go home will be dispensed during the discharge. If we think a post-operative check is needed, we will schedule it then.







